

## Time For Me Pre-School Daily Schedule

- 6:00-8:15**      Activity: Greeting children and parents as they arrive, Table top toys and free play.  
Goal: Promoting self esteem, Comfort and a healthy start to the day.
- 8:15-8:30**      Activity: Clean up Room  
Goal: Respect for our space, Helpfulness, responsibility and being part of a group
- 8:30-8:40**      Activity: Wash hands  
Goal: Promoting healthy hygiene, stopping spread of germs
- 8:40-9:00**      Activity: Morning Snack  
Goal: Nutrition, social time, manners
- 9:00-9:20**      Activity: Group time, stories, and songs. Show -n- tell and conversation.  
Goal: Language Dev, listening skills, rhythm, rhyming and expression of feelings
- 9:20-10:10**      Activity: Exploration/ use of Learning centers: Creative art, dramatic play, building area, writing center  
Goal: making choices, social Dev, cognitive growth, problem solving
- 10:10-10:20**      Activity: Clean up Room  
Goal: Respect for our space, Helpfulness, responsibility and being part of a group
- 10:20-10:50**      Activity: Large muscle activities outside or in gross motor area  
Goal: Large motor skills, Physical health and exercise
- 10:50- 11:20**      Activity: Story time and music  
Goal: Listening skills, Promoting literacy
- 11:20-12:00**      Activity: Wash hands, lunch, clean-up  
Goal: Healthy hygiene, social time, nutrition, manners
- 12:00-12:45**      Activity: Explore Learning centers while teachers prepare for nap,  
Goal: Cognitive growth, self help skills, problem solving
- 12:45-3:00**      Activity: bathroom, blankets, story time and rest. NOTE: \* Children are encouraged to rest but not required to sleep and can do quiet activities after 30 mins of not sleeping.
- 3:00-3:30**      Activity: Bathrooms, wash hands and afternoon snack  
Goal: healthy hygiene, nutrition, social skills, self help skills, manners
- 3:30-6:00**      Activity: Outside play, Learning Centers, play-dough and departure.  
Goal: gross motor dev, cognitive growth, making choices, problem solving skills.